Richard H. Tullis Serial No.: 08/078,767 Page 2

(a) synthesizing an oligonucleotide having a base sequence substantially complementary to a subsequence of a messenger ribonucleic acid said subsequence coding for the target protein,

- (b) introducing the oligonucleotide into the cell; and,
- (c) hybridizing the oligonucleotide to the subsequence of the messenger ribonucleic acid to inhibit the expression of the target protein.
- 65. A method of claim 64 wherein the entire sequence of the oligonucleotide is complementary to the subsequence of a messenger ribonucleic acid coding for the target protein.
- 66. A method of claim 64 wherein the oligonucleotide is at least 14 bases in length.
- 67. A method of claim 64 wherein the oligonucleotide is about 23 bases in length.
- 68. A method of claim 64 wherein the oligonucleotide is between 14 and 23 bases in length.
- 69. A method of claim 64 wherein the messenger ribonucleic acid is viral.
- 70. A method of claim 64 wherein the messenger ribonucleic acid encodes a hormone.
- 71. A method of claim 64 wherein the oligonucleotide is stabilized to inhibit degradation by nucleases.
- 72. A method of claim 64 wherein the oligonucleotide is a oligodeoxynucleotide.--

SUB GI

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